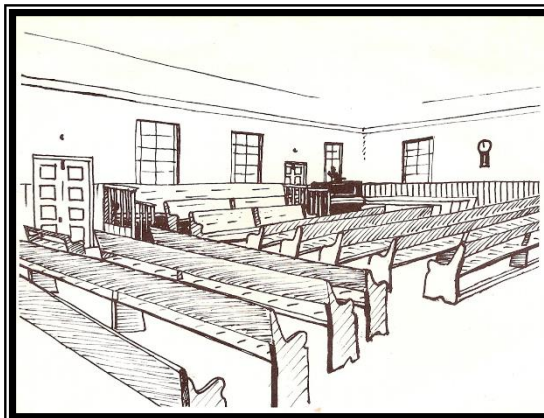


SUMMER 2023
Westfield Monthly Meeting
of the
Religious Society of Friends
Meeting for Worship
First Day (Sunday) 10:00 am
Children are Welcome



The Seventh Query

Grounding for Transformed Lives: Peace and Alternatives to Violence

- a. How do we help each other face conflicts with patience, forbearance and openness to healing?
- b. To what extent does our meeting ignore differences in order to avoid possible conflicts?
- c. What are we doing as a Friends meeting within our communities:
 - 1) To recognize and correct the causes of violence?
 - 2) To understand the impact of the global military-industrial complex on all aspects of life?
 - 3) To increase the understanding and use of alternatives to violence?
 - 4) To work toward overcoming separations and restoring wholeness?
 - 5) To support the constructive use of authority?
 - 6) To promote the sustainability of the earth?
- d. *Do I “live in the virtue (power) of that Life and Spirit that took (takes) away the occasion of all wars”?*
- e. *How do I maintain Friends testimony that participation in war and its preparation is inconsistent with the teaching of Jesus?*
- f. *Do I treat personal conflict as an opportunity for growth?*
- g. *How do I face my differences with others and reaffirm in action and attitude my love for those with whom I am in conflict?*

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Clerk Joan Spagnoletti
Alternate Clerk Lynne Conant
Administrative Assistant Connie Beetle
email: westfieldmonthlynj@gmail.com

Philadelphia Yearly Meeting's 343rd Annual Sessions: July 26-30, 2023
LIVING with our Neighbors, GROWING into BELOVED community

Come and be Uplifted! This year, our keynotes will be delivered by PYM members who will share ministry from their Quaker faith and personal understanding of who we are as a community. Keynotes are a Sessions highlight!

- **Love Thy Neighbor: July 26 @ 6:45 pm – 8:45 pm via zoom**
Presented by Tucker and Sameer Manchanda (Tucker Birmingham attended WMM)
Love Thy Neighbor is an interactive keynote which will use queries and discussion to explore love in community. How is love the basis of ministry and where do love and integrity intersect? How do different religious perspectives on community create paths to love?
- **Cultivating Beloved Quaker Community: An Exploration Through the Science of Stress & Safety: Friday, July 28 @ 6:45 pm – 8:45 pm via Zoom or onsite**
Presented by Jeanne Elberfield
How might we braid research and understandings in neuroscience with the science of human behavior, development, and stress to cultivate and nurture our Quaker community? Being in beloved community requires safety, belonging, and connection before Friends are truly in the gathered space of Quaker Worship, Meeting for Worship with Attention to Business, and even our potluck meals. Through the presenter's current understanding of the science of safety and stress we will explore what allows us to feel safe and welcoming. We will hold space, allowing Spirit to guide our understanding of how science informs our Quaker in-reach and out-reach practices.

Register Now for this Year's Annual Sessions!
pym.org/sessions

Wednesday, July 26th and Thursday, July 27th (online only)
Friday, July 28th through Sunday, July 30th (onsite and online)

All Friends are invited to PYM's Annual Sessions, as we come together for worship with attention to business. During Sessions we ask: What is God's big idea for PYM Friends?

It is a time for fellowship, for spiritual renewal, and for community discernment.

For more information, contact Tara Rubinstein, Sessions Coordinator,
trubinstein@pym.org

Westfield Monthly News and Notes

Peace & Social Concerns

Peace and Social Concerns meets Tuesday, July 18 at 7:00 pm on Zoom.

Spiritual Oasis

Spiritual Oasis meets Thursday, July 6 at 1:00 pm on Zoom. To join zoom meeting, contact Deborah Mosley-Duffy at mosleyduffy@gmail.com.

Bread of Life Food Pantry Needs Food for Summer Months

The summer months are difficult for families that struggle to feed their children. School is out and food costs continue to rise. We can help meet the needs of these families by contributing food to the Pantry. The Pantry is located at the Baptist Church, 5th and Morgan, in Palmyra.

Donations to the Pantry may be dropped off on Wednesdays from 1:00 pm to 3:00 pm and on Thursdays from 7:00 pm to 8:00 pm.

For those in need, the next pantry day is Saturday, July 15th from 9:00 am to 1:00 pm. The drive-by service pick-up is still operating on the 3rd Saturday of each month.

The Quaker City: A Walking Tour of Old City

July 8 @ 10:30 am – 12:00 pm

Cost \$5.00

Participate in Arch Street Meeting House's brand new walking tour of Quaker sites in Old City, Philadelphia! The tour begins with a brief exploration of the historic burial grounds at Arch Street Meeting House before continuing on a walking tour of important Quaker sites throughout the neighborhood. This is not your run-of-the-mill famous Founding Father's tour! It is perfect for visitors seeking a different side of Philadelphia history.

Visitors will start their tour at Arch Street Meeting House, then continue to the Betsy Ross House and on to Welcome Park, the site of William Penn's first residence in Philadelphia. After snaking their way through Independence National Historic Park, the group will stop at various other sites with a Quaker twist.

REGISTER: (<https://www.eventbrite.com/e/541790388637>)

The Power of Goodness

Art Installation at Arch Street Meeting House in collaboration with Friends

Peace Teams

The "Power of Goodness" is a collaboration of true stories from around the world of how people have reacted peacefully and nonviolently in the face of prejudice and violence. These inspiring examples illustrate how to rely on the power of goodness in difficult situations and the amazing results of doing so.

Visit the West Room of Arch Street Meeting House now through November 2023 to view the installation.

A Message from Roger Buehl

08 June 2023

Connie Beetle:

I greet you in the Light, and all other WMM members as well. I'm sending this missive into your care, for you and for sharing with anyone else there who might be interested in the words of this humble prisoner.

As you may already know, corrections officials released me from the DEMO program segregation unit about three months back, and placed me in the facility here. This has been my first opportunity --after COVID changed everything-- to live in a normal general population setting.

Since my move into the general population here, I've been getting outside for daily activities, which has done much to promote my physical, emotional and spiritual recovery. Although I was extremely disappointed to find that my previous employment position (as unit paralegal) would not be continued in the general population, the unit manager did give me an outside groundskeeper job, which entails flower gardening and lawn care during the summer, and snow shoveling in the winter. So my current job, together with daily yard times, allow for maximum access to, and interaction with, the natural world. That has been critically important for my recovery and my return to a new normal.

The yard(s) here are split in two: one part includes a running track while the other has handball courts, with either part being accessible on alternate days. Both parts of our yard include a rather steep hill, which rises 50 or 60 feet over the lower areas. So it's now "my" hill, providing excellent trail-running terrain, meditation spots and a great bounty of wildflowers. I'm once again practicing my action (running) meditation, which facilitates my communion with the Creator, and helps me to remain centered. Although I've done true sitting meditation only sporadically in recent years, my hill offers new and different opportunities for that, too. At first, I would go up the hill after my run or handball games, or in the evenings, just to sit in a patch of wildflowers and watch the sunsets. But the idyllic setting, the relative solitude and the natural beauty and abounding life there moved me to resume sitting meditation.

So now, every other evening, I go up my hill to sit and meditate, after which I pray and give thanks. As I sit there in the grass amongst the wildflowers, the setting sun warms my face while the robins and killdeer flit about. It's a rare (in prison) and wonderful place for attaining inner silence, for connecting with nature, and for simple listening to the universe at large and the world around me. These meditations bring me calm, peace, and a greater awareness of (and connection with) the Creator's love and grace. After meditation, my prayers sometimes seem comparatively mundane, yet also an appropriate way to conclude. Besides, prayer is necessary for me, not only to directly, verbally express myself, but also to acknowledge and give thanks for blessings that the Creator has bestowed.

My evening sitting meditations grant me a renewed sense of cognizance, connection and peace that had been increasingly difficult to attain on the segregation unit.

You may recall (from my previous messages) how I felt that my faith was assailed and struggling as recently as last year. Indeed, being so totally cut off from the natural world was even more spiritually oppressive than I realized at the time. But, all that is behind me now: that experience and my current recovery have enlightened and strengthened my practice, and ultimately, my faith.

Other portions of my days have been devoted to seeking out wildflowers, for drying and arrangement. Most prisoners take their surroundings for granted, but one need only look to discover the huge variety of wildflowers growing everywhere! So far, I found over 20 different kinds of wildflowers growing in the nooks, along the fence lines, on the lawns and, of course, around the hilltops. To me, these tiny, beautiful flowers are but one small expression of the Creator's grace and glory. I would like to share a little part of that with the Meeting, so I will be sending along a card which includes a bouquet of just *some* of the many wildflowers I found.

May peace be upon you all...

Roger



WESTFIELD MONTHLY MEETING FOR BUSINESS
May 14, 2023, at the Meeting House and via Zoom

Present: Bill and Connie Beetle, Christopher Pensiero, Gail Fountaine, Jason Charles Matey, Joan Biddle, Joan Spagnoletti, Lorna Frizell, Michael and Nancy Robinson, Michael Lane, Michael Ketterer, Mark and Moon Beiferman-Haines, Peggy Johns, Peter Taylor, Rose Ketterer,

Meeting (on Zoom and in-person) – The clerk settled the meeting at the appointed time and read aloud.

Query 5: Nurturing our Community: Religious Education in the Home and Meeting. Friends who shared aloud observed–

- Rose shared that Meeting should reach out to Cornelia Ward-Gamache (Nina) to have her participate in the meeting and maybe give Nina a virtual tour of the Meeting House. It was suggested that Worship and Education Committee and the Care Committee reach out to determine if the family received the Zoom link.
- To balance the Meeting, the attendees in the Meeting House should introduce themselves at the beginning of the Meeting.

Minutes: Minutes of Monthly Meeting for Business held April 16, 2023-**Approved**

Nominating Committee Report: The Nominating Committee report was put on hold for approval until June’s Business for Meeting. The Chair of the committee was not available. Dennis Creter has agreed to join the Property Committee.

Approval to change Lease Monitoring Committee member from Caretaker to Representative of the Finance Committee – Meeting approved to leave Caretaker and add another person

Finance Committee Annual Report: Correction- The last line under Peace and Social Concerns should be 1,000.00, not 500.00.

The annual contributions letter did not go out. An apology letter will be sent requesting the need for the funds.

The Finance Committee is looking into improving the way the budget is done. Suggestions are welcome.

Currently, WF funds are held in Wells Fargo. The Finance Committee requested approval to move the funds to another financial institution. **Approved.**

Property Committee: Zoom operator’s team is being established which will set up and operate a streamlined Zoom protocol for hybrid meetings, each member operating one week per month. The Fire Marshall inspection found several minor violations (e.g., electric breaker lock, fire extinguisher servicing, exit sign repair, carbon monoxide detectors) and two more substantial ones: removing extension cords in worship Room by adding outlets and HDMI connection through crawlspace; replacing dysfunctional alarm system with updated one (recommendation in June Meeting for Business).

Following funding approval in April, Property has engaged Carl Bleitz (skilled carpenter and

member Mount Holly Meeting) to install insulation panels in meetinghouse storm doors to improve HVAC efficiency.

Care Committee: Recommended Jason Charles Matey for membership. **Approved.**

A Potluck will be scheduled for June to greet the new members.

Request for Transfer of Membership: The clerk read a letter requesting a transfer from Rose Ketterer. The initial release has been received from Newton Meeting. The letter was referred to the Care Committee and will be brought back to June's Meeting for Business.

Correspondence: Our contribution to FCNL was acknowledged with thanks.

Our agenda complete. We closed in worship.

Peggy Johns, Recording Clerk,

Joan Spagnoletti, Clerk

SERVICE POSITIONS AND COMMITTEES

2023 - 2024

Clerk of Meeting

2 Year Term, expires July 2025

Joan Spagnoletti

Alternate Clerk of Meeting

1 Year Term, expires July 2024

Lynne Conant

Treasurer of Meeting

2 Year Term, expires July 2024

Karen Nulton for Finance committee

Recording Clerk

2 year Term, expires July 2024

Suzanne Day/Karen Nulton
backups

Peggy Johns

Meeting Recorder of Members

Indeterminate Term

Nancy Robinson

Trustees of Westfield Meeting

2025
Mike Lane

2026

Joshua Cope
Nancy Robinson

2024

Lorna Frizell
Karen Nulton
Michael Zickler

Finance Committee

Clerk of Meeting or Alternate
designee

Care Committee Designee

Trustees Designee

Property committee

Administrative Assistant's Oversight Committee

Clerk of Meeting and
designee

Alternate Clerk of Meeting

Recorder

Caretaker

Finance committee

Caretaker's Oversight Committee

Clerk of Property Committee

Clerk of Hospitality Committee
(or designee)

Clerk of Outreach Committee

Clerk of Meeting

Lease Monitoring Committee

Clerk of Meeting

Alternate Clerk of Meeting

Caretaker

Finance Committee Rep.

Antiracism *ad hoc* Committee

Lorna Frizell* Moon Beiferman-Haines Lynne Conant Doren Day Suzanne Day
Alvin Figueroa Gail Fountaine
Karen Nulton Michael Robinson Joan Spagnoletti

JULY 2024

JULY 2025

JULY 2026

Alvin Figueroa
Moon Beiferman-Haines

Care Committee

Mike Lane

Lynne Conant
Michael Robinson

Collectors Committee

Ruth Tatum

Rose Ketterer

Laurie Quinn

Nominating Committee

Karen Nulton

Mike Lane

Lorna Frizell

Hospitality Committee

Else Dettke

Alison Barclay-Young
Laurie Quinn

Peter Taylor
Georgeann Catanella

Outreach Committee

Karen Nulton

Gail Fontaine*

Michael Robinson
Noah Frizell

Peace and Social Concerns Committee

Suzanne Day
Jason Matey

Roger Buehl
Moon Beiferman-Haines*

Anne Creter
Connie Beetle

Property Committee

Michael Zickler
Michael Lane

Gary Hullings

Bill Beetle*
Suzanne Day
Taylor Parry
Dennis Creter

Worship and Religious Education Committee

Suzanne Day*
Molly Cope
Tucker Birmingham

Chris Pensiero
Gail Fontaine

Nancy Robinson
Ted Quinn
Rose Ketterer
Stephanie Brown

NOTE: * indicates clerk of committee

**Westfield Monthly Meeting of Friends
Treasurer's Financial Report
Annual Budget Comparison**

Cash Basis

**FY 2022-2023
Approved**

**FY 2023-2024
Proposed**

INCOME

Donations

Unrestricted Contributions 32,000 20,000

Bank Interest

Cemetery Restoration Fund Contributions – restricted **13,250 10,000**

Cemetery Operations Income

Burial Fees 1,500 1,500

Burial Site Purchases 1,000 1,000

Total Cemetery Operations Income 2,500 2,500

Total non-endowment income 47,750 32,500

Endowment Withdrawals (includes Inc. Distrib.)

Descriptions

Disburse (4%)

1) Cemetery Fund Restricted – Cemetery 25,148 22,679

2) General Fund Unrestricted 21,147 19,071

3) Lamb Scholarship Fund (directly to WFS) Restricted as noted * *

4) WR Lamb Fund (directly to WFS) Restricted as noted * *

5) Westfield Fund Restricted (WMM Care & SBPF)

Westfield Fund (Prioritized Use) Restricted - Needy Friends Care 13,000 13,000

Westfield Education Fund (est'd) Restricted - Scholarships (WMM) 30,869 27,200

General Fund Addition (est'd) Unrestricted 30,869 27,200

6) Susanna & Beulah Parry Fund 50/50 Distribution as below

Westfield Education Fund Restricted - Scholarships (WMM) 25,870 23,330

General Fund Addition Unrestricted 25,870 23,330

7) Josephine C Hull Fund Restricted - Religious Education 481 434

8) Howard Parry Trust 50/50 Distribution as below

HP - WFS Friend's children Restricted - Income to WFS 1,202 1,084

General Fund Addition Unrestricted 1,202 1,084

Total distributions and withdrawals 175,658 158,412

Total: Restricted Income 109,820 97,727

Total: Unrestricted Income + Contributions 113,588 93,185

TOTAL INCOME 223,408 190,912

EXPENSES

Category (Activity, Need)

Vendor/Supplier

Expense

Expense

Scholarships

WR Lamb restricted - provided to WFS

Westfield Education Fund Actual Amount TBD 35,000 27,000

Total Scholarships 35,000 27,000

Care Committee

Publications 125 125

compassionate gifts to Members 200 300

Care of Friends in need Estimate based on last year 13,000 13,000

Total Care 13,325 13,425

Outreach

TASTE OF Our Town 500 0

Thanksgiving Event 0 200

World Quaker Day 1,500 400

Interaction with Community Leadership 0 200

Total Outreach 2,000 800

Website (Gail)

Website creation 5,000 0

Website operations and maintenance 2,400 2,721

Total Website 7,400 2,721

Peace & Social Concerns

Bread of Life Food Pantry 1,200 1,200

American Friends Service Committee 250 250

Friends Committee on National Legislation 250 250

Center for Conscience and War 300 300

Woolman Memorial 500 500

speakers and events		500	1,000
Total Peace & Social Concerns		3,000	3,500
Stewardship			
Coordinator		13,800	13,800
Office			
Bookkeeper		3,000	3,500
Credit Card/Bank Fees		50	
Supplies		1,800	1,800
Postage		945	945
Telephone		900	900
Total Stewardship		20,495	20,945
Bequests			
Haddonfield Quarter		4,000	4,000
South Jersey Quakers		200	200
Quaker Speak		200	200
PYM		20,000	20,000
Meeting Contribution to School (Educ. Grant)		20,000	20,000
Total Bequests		44,400	44,400
Property			
Building Maintenance and Repair			
Caretaker		6,000	6,000
Supplies (and Repair Materials. FY 23-24)	<i>to be determined</i>	500	3,000
Repair Materials (FY 23-24 only)		3,000	0
Unforeseeable Emergency Needs		3,500	4,500
		13,000	13,500
Capital Improvements			
Energy Efficiency Upgrade Program Payments	PSEG (334/month)	3,072	3,072
Capital Improvement Fund (savings for future)		5,000	5,000
Riverton Rd. Runoff: engineering		0	0
		8,072	8,072
Building Operations			
Energy	PSEG	9,000	10,000
Water/Sewer	Cinnaminson Twp.	1,400	1,400
Security/Safety	Optum	650	650
Property Insurance	Hanover Ins. Co./Barclay Ins.	3,700	3,500
Technology (hybrid meetings setup)	<i>to be determined</i>	5,000	1,000
		19,750	16,550
Property management			
Cemetery Operations	<i>to be determined</i>	2,500	2,500
Tree Maintenance	<i>to be determined</i>	11,000	8,000
Proactive Tree Care (Cem. Rest. Fund)	Davey Tree Service	11,520	5,000
Grounds Maintenance (total campus)	Young's; Bello Irrigation		
From Cemetery Fund (restricted) - 90%		25,020	24,300
From General funds (unrestricted) - 10%		2,780	2,700
subtotal		27,800	27,000
Cemetery improvements (Cem. Rest. Fund)		2,000	2,000
Snow/ice Removal (Unrestricted Fund)	DY Snow Services	6,000	4,000
Riverton Road Flooding Management		5,000	0
		65,820	48,500
Total Property		106,642	86,622
Worship & Religious Education			
Printing/Publications (restricted: JCHull Fund)		300	500
Conferences/Workshops			
Portion restricted (J.C. Hull Fund)		100	100
Portion unrestricted		200	200
Childcare		2,000	2,000
Total Worship & Religious Education		2,600	2,800
Total Restricted Expenses		86,940	71,900
Total Unrestricted Expenses		147,922	130,313
TOTAL EXPENDITURES		234,862	202,213
NET INCOME		(11,454)	(11,301)
NET RESTRICTED INCOME		22,880	25,827
NET UNRESTRICTED INCOME		(34,334)	(37,128)

JULY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Meeting for Worship	3	4	5	6 Spiritual Oasis 1:00 pm Zoom	7	8
9 Meeting for Worship	10	11	12	13	14	15
16 Meeting for Worship	17	18 Peace & Social Concerns Meeting 7:00 pm Zoom	19	20	21	22
23 Meeting for Worship	24	25	26 Annual Sessions	27 Annual Sessions	28 Annual Sessions	29 Annual Sessions
30 Annual Sessions Meeting for Worship						

Dates to Remember

Throughout the Summer Months:

Meeting for Worship at 10:00 am in-person & on Zoom

July 18 Peace & Social Concerns at 7:00 pm on Zoom

July 6 Spiritual Oasis at 1:00 pm on Zoom

For LINK, go to mosleyduffy@gmail.com

July 26--July 30 Annual Sessions onsite and on Zoom

Westfield Monthly Meeting

2201 Riverton Road

Cinnaminson, NJ 08077

Return Service Requested

Save paper and postage:

THE EMAIL OPTION

If you prefer to receive your newsletter via email, just send us your address and we will add you to our list.

westfieldmonthlynj@gmail.com